

	Autumn - Relationships			Spring – Health and Wellbeing			Summer – Living in the wider World		
		SRE Curriculum			SRE Curriculum	Safeguarding curriculum		Safeguarding curriculum	
	Families and Friendships	Safe relationships	Respecting ourselves and others	Physical health and Mental Wellbeing	Growing and Changing	Keeping Safe	Physical health and Mental Wellbeing	Media literacy and digital resilience	Money and Work
Reception	Find out about each child’s history (holiday books) – likes, dislikes, family and culture. Getting to know each other and making friends.	Listen to and build constructive and responsible relationships – through CP, different groupings, adult and child led activities. Learn about people we can trust.	Mood Monsters Regular circle time to explore feelings and emotions. Managing personal hygiene effectively – routines, effective hand washing, brushing teeth, healthy eating. Use puppets for social stories	Story books used to explore feelings and emotions – how do the characters feel about challenges and how do they overcome them? Regular circle time to explore feelings and emotions – exploring scenarios to consider how we could respond to them positively Mood Monsters	What makes us special? Show an understanding of healthy food. How can we stay safe and travel safely in our local environment – road safety – visits to St Germain	How rules help to keep us safe – classroom rules. Online safety – how do we use the internet safely? Managing personal hygiene effectively – routines, effective hand washing, brushing teeth, healthy eating	How rules help keep us safe- classroom rules. Looking after the environment – recycling bins. Learn about reliance and perseverance – work to develop skills of self regulation and managing emotions effectively through modelling, scaffolding and circle time. Learning about jobs in the community School Values focus.	Using digital devices – scanning out library books. Talking photos. Use seesaw to save work	What is money for? Explore using money to pay for items within CP School values focus - responsibility
Enrichment	Buster Bear	V - policeman	V -School nurse V - School dentist					Project Evolve	
Year 1	Roles of different people, families, feeling cared for	Recognising privacy, staying safe, seeking permission.	How behaviour affects others being polite and respectful.	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong.	How rules and age restrictions help us; keeping safe online	What rules are; caring for others needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community.
Enrichment			Zones of regulation		Zones of regulation			Project Evolve	
Year 2	Making friends, feeling lonely and getting help.	Managing secrets, resisting pressure and getting help, recognising hurtful behaviour	Recognising things in common and differences, playing and working cooperatively, sharing opinions.	Why sleep is important ; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help.	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies	Belonging to a group; roles and responsibilities; being the same and different in the community.	The internet in everyday life; online content and information.	What money is; needs and wants; looking after money.
Enrichment						V - policeman		Project Evolve	

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Year 3	What makes and family, features of family life.	Personal boundaries, safely responding to others, the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places.	The virtue of rules and laws; rights, freedom and responsibilities	How the internet is used; assessing information online.	Different jobs and skills; job stereotypes; setting personal goals
Enrichment				V – oral hygiene				Project Evolve	
Year 4	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online.	Respecting differences and similarities; discussing difference sensitivity.	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life	What makes a community; shared responsibilities.	How data is shared and used	Making decisions about money; using and keeping money safe.
Enrichment						Sea swimming		Project Evolve	
Year 5	Managing friendships and peer influence.	Physical contact and feeling safe.	Responding respectfully to a wide range of people; recognising prejudice and discrimination.	Healthy sleep habits; sun safety; medicines; vaccinations; immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies and first aid	Protecting the environment; compassion towards others.	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes.
Enrichment						V – Smoke house		Project Evolve Laura Simpson	
Year 6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations.	Expressing opinions and respecting other people’s point of view, including discussing topical issues.	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online.	Human reproduction and birth; increasing independence; managing transition.	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Valuing diversity; challenging discrimination and stereotypes.	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks
Enrichment						Bikeability Court		Project Evolve Mathew Parker	