



Subject: PE Academic Year: 2025-26

	Autumn		Spring		Summer	
	1	2	3	4	5	6
EYFS	In EYFS the children have opportunities for physical development through our daily outside provision. We have PE equipment including cones, hoops, skipping ropes and beanbags, as well as heavy construction blocks and equipment (i.e tyres and guttering) which develop strength and coordination in their use. We have bikes (balance and pedal) and scooters, plus instruments and fabrics for dancing and performance on our stage. The children have opportunities for tree climbing during Little Explorers and time on the junior apparatus every Friday. The nature of EYFS means the children are active throughout the day wherever they are.					
	Fundamentals 2	Gymnastics 2	Dance 2	Ball Skills 1	Ball Skills 2 Swimming 6wks	Games 2 Swimming 2wks Sea Swimming
Year 1	Team Building Swimming 4wks Yoga 3wks	Fundamentals Yoga 4wks	Ball Skills Gymnastics	Sending & Receiving Dance	Striking & Fielding Swimming 6wks	Athletics Swimming 2wks Invasion Games Sea Swimming
	Team Building Swimming 4wks Yoga 3wks	Fundamentals Yoga 4wks	Ball Skills Gymnastics	Sending & Receiving Dance	Net & Wall Swimming 6wks	Striking & Fielding Swimming 2wks Invasion Games Sea Swimming
Year 3	Fundamentals Swimming 4wks Gymnastics 3wks	Ball Skills Gymnastics 4wks Netball	Tennis - Net & Wall Dance	Football Invasion Games Dodgeball - Target Games	Athletics Swimming 6wks	Rounders - Striking & Fielding Swimming 2wks Fitness Sea Swimming
	Tennis - Net & Wall Swimming 4wks Gymnastics 3wks	Hockey - Invasion Games Gymnastics 4wks Tag Rugby	Football - Invasion Games Dance	Basketball - Invasion Games Handball - Invasion Games	Athletics Swimming 6wks	Cricket - Striking & Fielding Swimming 2wks OAA - camp Fitness/Rounders Sea Swimming
Year 5	Football - Invasion Games SSDO Swimming 4wks Gymnastics 3wks	Basketball Invasion Games Gymnastics 4wks Tag Rugby	Hockey - Invasion Games Dance	Badminton - Net & Wall Yoga	Athletics Swimming 6wks OAA - camp	Cricket - Striking & Fielding SSDO Swimming 2wks Netball - Invasion games Sea Swimming

Y e a r 6	Hockey - Invasion Games SSDO Swimming 4wks Gymnastics 3wks	Basketball - Invasion Games Gymnastics 4wks Netball	Tag Rugby Invasion Game Dance - James Bond	Badminton - Net & Wall SSDO Dodgeball - Target Games	Athletics Swimming 6wks	Cricket - Striking & Fielding Swimming 2wks OAA, Fitness, Rounders Sea Swimming
-----------------------	---	---	---	--	------------------------------------	--