

CASTEL CATCH-UP

The Newsletter for the Castel Primary School Community



May's Value of the Month: Honesty

Headteacher's Message

by Mr P. Curtis

The weeks continue to race past and when we come back, we will already be in June. Even in the midst of a hectic summer term, planning for the next academic year is well underway.

The end of one year and the start of the next can bring some anxiety for children. There are many changes on the horizon, some small and some bigger, and this can be a difficult time to navigate. However, avoiding any situations that cause anxiety can often compound and reinforce the fear children may feel. It is really helpful to validate their feelings, recognise that they are feeling the way they are and encourage them to talk about their concerns. Equipping them with a range of coping strategies such as breathing exercises, mindfulness techniques or distraction can also be really useful.

Gradual exposure to triggers in small, manageable steps can also help children overcome these worries. While it's natural to want to shield your child from things that make them anxious, constantly avoiding triggers can make anxiety worse.

If you would like any further information on this, please do contact school where we can direct you towards further resources and advice!

With best regards,
Mr Curtis

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Sports Results

Hockey teams representing Year 5 and Year 6 have both taken part in inter-school hockey tournaments recently. Both teams represented the school excellently with good sportsmanship and strong performances.

Particular congratulations go to our Year 6 team who won their tournament. Their record of played eight games, won six, drew two and not conceding a goal was very impressive!



Summer Fayre

A reminder that the PTA Summer Fayre is on **Saturday 21st June** between 2:00pm and 4:30pm. The usual range of stalls, food, drinks and games will be available. We really value your support and look forward to seeing you there!

Reading Competition

Well done to the following classes who won the latest class reading competition:

Infants: 2L

Lower KS2: 4B

Upper KS2: 6Q

Island Representation

Well done and congratulations to Jarvis Humphrey, Finley Cochrane and Ezra Leaman who all represented Guernsey Under 11s football team against Jersey in the recent inter-insular. The boys played very well and came away with the trophy!



The Education Strategy

Please see below for this month's information on our work towards the Education Strategy:

Area: Outstanding Leadership and Governance.

Aim: Developing education governance systems.

School Action:

Following resolutions made by the States, the establishment of governance boards has been developing with pace. Castel Primary now has a community representative, a staff representative and is currently recruiting for a chair person.

The governance boards meet once a term to discuss with myself and Mrs Dawber a range of subjects. These include finance matters, staff and pupil well-being, academic progress and attainment, the school development plan, behaviour and curriculum implementation.

Community Cafe

Our first Community Cafe was a great success and we will certainly be looking to make them a regular feature of our school calendar.

We had a range of organisations represented sharing how they can support with mental health and wellbeing and keeping families connected in the community. A big thanks if you came along to support.

Liberation Celebrations

This year's celebrations for the 80th anniversary of the Liberation were absolutely fantastic. The pupils were given a wide-range of experiences and learning opportunities that will stay with them for many years.

Big thanks to the whole staff team who made the two days such a success; particular thanks to Miss Livingstone who led the organisation of all the events and Mrs Garland who played a key role in setting up our Castel mini-museum.

